



Preservation of Traditional Sports of Geudeu-Geudeu Wrestling With Modification of Match Rules in the Pidie Jaya Community of Aceh

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Abstract

The growth of traditional sports begins with daily habits with various activities in the form of movements towards a game which contains elements of the art of sports and social values that exist throughout Indonesia. The aim of the study was to modify the rules of the traditional sport of geudeu-geudeu wrestling. The research method used is research and development (R & D) with the stages of the ADDIE method, namely: analyze, design, develop, implement, evaluate. The research instruments were questionnaires and interviews containing statements related to the modification of the traditional sport rules of geudeu-geudeu wrestling. The research subjects were geudeu-geudeu trainers and 10 youths in Pidie Jaya Regency. Data analysis by looking for the magnitude of the relative frequency or in the form of a percentage. The results of this study indicate that there are four alternative answers chosen by respondents, namely 62.23% strongly agree, 34.24% choose agree, and 3.53% disagree, with the modification of the geudeu-geudeu martial arts regulations. Youth 60.02% strongly agree, 36.55% agree, 3.43% disagree with the modification of the traditional sport rules of geudeu-geudeu wrestling. Geudeu-geudeu and youth coaches 60.12% strongly agreed, 35.39% agreed with the development of the traditional sport regulations of geudeu-geudeu wrestling, and 4.49% disagreed with the modification of the traditional sport rules of geudeu-geudeu wrestling.

Keywords: traditional sports, Geudeu-geudeu, module

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A. Introduction

The growth of traditional sports stems from daily habits with various activities in the form of movements towards a game that contains elements of sports art and social values found throughout Indonesia. Traditional sports are one of the community activities carried out by the Indonesian nation, as a game that can generate or bring satisfaction, happiness, and health as well as pleasure (Alaska & Hakim, 2021). Traditional sports will also add various positive knowledge to anyone who does it (Nurohman & Widiyatmoko, 2019). We have many types of traditional sports which are the nation's cultural diversity and come from various regions in Indonesia. Therefore, traditional sports require serious and continuous management and development so that apart from being a sport they can also be developed as an object of attraction for tourists in the area and can increase the country's foreign exchange and raise the name of the nation in the world (Aryati, 2019).

In the current global era, the fading of traditional sports is nothing new anymore. The replacement of traditional sports due to globalization is due to a lack of public awareness of the importance of preserving local games or traditional sports in

everyday life (Hidayat et al., 2018). Now people think that traditional sports can be replaced with more popular martial arts sports such as judo, taekwondo, karate, wrestling, and so on (Ashari, 2019). Therefore, in traditional sports there is a need for coaching and development in a better direction, it also gives an illustration that traditional martial arts sports in the regions have the opportunity to form a good national personality and need to be modified by the times.

One of the people's game sports that must be developed is the traditional sport in the province of Aceh, namely the geudeu-geudeu martial arts, this can be seen from the enthusiasm of the people who want to participate in competing and witnessing geudeu-geudeu matches in the Pide Jaya district (Pide Jaya Regency). (Sabaruddin, 2019). Traditional geudeu-geudeu sports games are the same martial arts as other martial arts, it's just that the forms and systems in matches are different (Sabaruddin, 2019). Usually, the geudeu-geudeu martial arts competition is held after the rice harvest season, coinciding with the full moon arriving, this has become a tradition for this activity, also on birthdays and celebrations (Sabaruddin, 2019).

Due to the lack of clarity in the competition rules which guide the implementation of the competition and there is often a feeling of anxiety about doing geudeu-geudeu martial arts because matches contain movements or elements that are dangerous, they are less attractive to the public. Therefore, it is necessary to revise the regulations which are considered to contain techniques or movements that result in injury or harm, and the need to change the rules so that people are more motivated and happy and want to play geudeu-geudeu. The reality on the geudeu-geudeu sports field is that in the refinement of the rules it has not been socialized in a match. In this case, the author tries to socialize the modified rules for geudeu-geudeu martial arts

B. Method

The research method used in this research is Research and Development (R & D) ADDIE type. The research and development method is a process of developing new products or improving existing products. Research and development are used to develop and validate a product (Karisman & Supriadi, 2022). Based on this opinion, research and development is a series of steps in developing, creating, or perfecting a product.

The stages in the ADDIE method are:

analyze (analyze) identify gaps by conducting needs analysis, design (design) design appropriate research strategies and testing methods, develop (develop) produce and validate products, implement (implement) product trials, evaluate (evaluate) assess product quality.

C. Result and Discussion

Result

Based on the results of research on modifications to the regulations for the traditional sport of geudeu-geudeu wrestling in Pidie Jaya Regency in 2022, the following discussion can be carried out guided by the research objectives that have been formulated previously: for the playing field, more than half of the coaches and youth stated that they strongly agreed to modify that is not only played in the fields when the harvest season arrives but can be played indoors and open fields. Match time can be adjusted in the afternoon or evening, the length of the game, and the number of rounds in a match. Modification of player equipment such as clothes, belts, gloves, head protectors, and protective gear as well as weight categories. Only a very few coaches and youths disagree about the modification of the traditional sport of geudeu-geudeu wrestling, which essentially avoids movements that endanger players and can be accepted by all levels of society.

Discussion

The form of the geudeu-geudeu game must be modified so that it is not monotonous with various rules that are considered dangerous, regarding seats or corners and preparing tueng crew players and pok crew by each predetermined team or corner, the red corner prepares one person according to the class to step forward to the middle of the field, swing their arms while crossing their fingers defiantly, and approach the blue corner area and the middle of the field in a 3-meter circle is called "Awak Tueng". Then the blue corner is 2 people in the same class, who enters the arena, when there is already a code from the tueng crew, namely by clapping hands, stepping while holding hands, approaching the opponent's area or the red corner to attack, and trying to drop or slam the opponent to touch the floor is called " Pok Crew." If during an attack the handrails are released, then one of the team members must stop or be caught by the referee, and the other player is allowed to attack during the remaining 2 minutes. Tueng crew are allowed to slam and hit predetermined targets. The target for hitting is the front and back of the body starting from under the neck or shoulders to the navel. The peubla/referee crew consists of 2 people, are outside the 3-meter circle line, and are ready to separate if things that are considered outside the rules or conditions

that have been set occur. A geudeu-geudeu referee must be able to see and analyze every player who is competing, whether the fighter is hitting professionally or emotionally. Because it is between the professional and the emotional fighter that the referee plays a role in determining when a fight must be stopped.

Modification of the general provisions for your tueng and pok crew after each round you have to open the sash swinging up and down. Players are required to weigh themselves before the game starts. Weighing is carried out only once during the match. The participants' indicators (weight and age) were assessed by many trainers and youth, and more than half agreed.

Before the start of the game, instructions are given, equipment checks and lots and respects are given to the audience. Each team must correspond to a weight category. The tueng crew and the pok crew for one class consist of 3 people and 1 reserve. After the match, each party is required to shake hands in a match, each class gets 6 matches (3 times tueng and 3 times poke), and each player gets a turn to be tueng crew once and pok 2 times. The decision of the winner determined by the judges and the jury is absolute and cannot be contested.

Indicators of modifying prohibition rules to prevent injury and maintain player

safety so that they compete with fair play, assessment indicators must be adjusted to the form of attack of the group crew when dropping opponents and tueng crew must also know how to dodge, punch, and drop challenger techniques. Indicators of violations that are considered light and heavy must be given a penalty according to the violation committed.

Modifications related to judges, referees, and judges are sacred in referring to a match because they are the people who are responsible for the smooth running of a match or championship, this must have provisions governing it and solving problems if an incident occurs. already outside the provisions, meaning that every player who takes part in the match must maintain the rules contained in the traditional sport of geudeu-geudeu wrestling itself if you win, don't mock or insult your opponent or things that lead to a negative direction. This is an important factor in sports, that with sports one's friends will increase and not vice versa.

The results of distributing the questionnaire to geudeu-geudeu and youth coaches in Pidie Jaya Regency. More than half stated that they strongly agreed, less than half agreed with the modifications to the rules of traditional geudeu-geudeu wrestling, and very few stated that they disagreed with the modifications to the

rules of traditional geudeu-geudeu wrestling. This shows that the existing regulations regarding geudeu-geudeu must be changed or modified so that geudeu-geudeu can develop.

D. Conclusion

Based on the results of data analysis and discussion of research by geudeu-geudeu coaches and youth regarding modifications to geudeu-geudeu regulations, it can be concluded that: The geudeu-geudeu game has several modified indicators that can provide positive meaning and understanding for players and the development of the geudeu-geudeu sport itself. There are eleven indicators and ninety-two statement items from the modification variables of the geudeu-geudeu martial arts regulations.

The results of the analysis show that there are four alternative answers chosen by the respondents, with the following details: geudeu-geudeu trainers more than half (62.23%) stated that they strongly agreed, less than half (34.24%) chose to agree, very little (3.53%) stated that they did not agree with the modification of the rules for the traditional sport of geudeu-geudeu wrestling. Youth, more than half (60.02%) stated that they strongly agreed, less than half (36.55%) agreed, and very few (3.43%) disagreed with the modification of the rules for the traditional sport of geudeu-geudeu

wrestling. The geudeu-geudeu and youth coaches stated that more than half of (60.12%) strongly agreed, less than half (35.39%) agreed with the modification of the traditional geudeu-geudeu wrestling sport regulations, and very little (4.49%) disapproved of the modification of the regulations for the traditional sport of geudeu-geudeu wrestling.

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F. Conflict of Interest

The goal of submitting to the novice lecturer research grant journal in 2022.

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